

Spring Pasta

Yield: 2 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-spring-egg-roll-recipe>

Ingredients:

- 8 ounces pasta cooked, leftover
- 2 eggs
- fine sea salt
- 1 tablespoon olive oil
- 1 tablespoon unsalted butter
- 3 asparagus big handfuls of sliced, and/or pea shoots, or tiny broccoli trees, or shredded greens - anything quick cooking and fresh
- avocado chopped
- herbs chopped

Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 89 grams
3. Cholesterol: 225 milligrams
4. Fat: 24 grams
5. Fiber: 6 grams
6. Protein: 22 grams
7. SaturatedFat: 7 grams
8. Sodium: 470 milligrams
9. Sugar: 5 grams

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