

# Turkish Eggplant Casserole with Tomatoes (Imam Bayildi)

Yield: 4 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-recipe-with-eggplant>

## Ingredients:

- 2 eggplant medium, thinly sliced 1/4 inch thick
- sea salt
- olive oil
- 1 small yellow onion diced
- 2 large garlic cloves
- 1/4 teaspoon red chili flakes
- 1 dash cinnamon
- 14 1/2 ounces diced tomatoes
- 2 tablespoons finely chopped fresh parsley divided

## Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 23 grams
3. Fat: 5 grams
4. Fiber: 10 grams
5. Protein: 4 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 210 milligrams
8. Sugar: 9 grams

---

Thank you for visiting our website. Hope you enjoy Turkish Eggplant Casserole with Tomatoes (Imam Bayildi) above. You can see more 17 turkish recipe with eggplant Discover culinary perfection! to get more great cooking ideas.