

# Grilled Mexican Corn on the Cob

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/spicy-mexican-corn-on-the-cob-recipe>

## Ingredients:

- 4 ears corn on the cob
- 1 teaspoon chili powder
- 1 teaspoon ground cumin
- 1 teaspoon dried oregano
- 1 teaspoon garlic powder
- 1/4 cup mayonnaise
- 1 cup Cotija cheese crumbled
- cilantro Minced
- lime wedges

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 65 milligrams
4. Fat: 20 grams
5. Fiber: 2 grams
6. Protein: 19 grams
7. SaturatedFat: 10 grams
8. Sodium: 800 milligrams
9. Sugar: 2 grams

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