

# Chinese Noodle Soup

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetarian-chinese-noodles-soup-recipe>

## Ingredients:

- 3 cups vegetable broth Low Sodium
- 1/4 teaspoon garlic powder
- 1/4 teaspoon powdered ginger
- 2 tablespoons soy sauce Low Sodium
- 4 ounces sliced mushrooms
- 6 ounces rice noodles broken in half
- 1 handful fresh spinach chopped
- 1 tablespoon yellow miso
- 1 tablespoon hot water
- 1 teaspoon corn starch

## Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 16 grams
3. Fiber: 1 grams
4. Protein: 2 grams
5. Sodium: 1330 milligrams
6. Sugar: 3 grams

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