

One-Pot Chinese Chicken Noodle Soup

Yield: 2 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-bone-broth>

Ingredients:

- 1 tablespoon brown sugar
- 2 tablespoons fish sauce
- 2 tablespoons soy sauce
- 1 tablespoon rice vinegar
- 1 tablespoon sesame oil
- 3 bulbs green onion fresh, aka spring onion sliced
- 1 cup napa cabbage shredded, 70 grams or 2.5 ounces, aka Chinese Cabbage
- 1 tablespoon ginger smashed, finely chopped or paste of, and Garlic
- 1 chicken breast medium-sized, 200 grams or 7 ounces
- 1/4 gallon broth *see notes
- 2 tablespoons Chinese cooking wine
- 1/2 chinese noodles pack, 100 grams or 3.5-4 ounces
- chili flakes to garnish, optional
- green onion stalks Fresh, remaining from the bulbs, sliced to garnish, optional

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 60 milligrams
4. Fat: 10 grams
5. Fiber: 1 grams
6. Protein: 29 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 3190 milligrams
9. Sugar: 5 grams

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