

# Chinese Mustard Greens Stir Fry

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/spicy-chinese-mustard-recipe>

## Ingredients:

- 1 pound Chinese mustard greens
- 2 tablespoons cooking oil
- 3 cloves garlic smashed
- 5 red peppers small dried, optional
- salt to taste