

Southern Spain-Style Gazpacho

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/summer-soup-recipe-southern>

Ingredients:

- 3/4 green bell pepper seeded
- 1/2 cucumber peeled and sliced
- 2 cloves garlic chopped
- 1/2 cup olive oil
- 2 bread rolls day-old crusty, cut into thick slices
- 6 tomatoes peeled and quartered
- 1/2 tablespoon kosher salt
- 1 pinch cayenne pepper
- 1/2 teaspoon balsamic vinegar
- 1/4 teaspoon olive oil

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 11 grams
3. Fat: 27 grams
4. Fiber: 3 grams
5. Protein: 3 grams
6. SaturatedFat: 4 grams
7. Sodium: 910 milligram
8. Sugar: 7 grams

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