

Broiled Spanish Mackerel

Yield: 6 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/spanish-mackerel-indian-recipe>

Ingredients:

- 18 ounces spanish mackerel fillets
- 1/4 cup olive oil
- 1/2 teaspoon paprika
- salt and ground black pepper to taste
- 12 slices lemon

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 2 grams
3. Fat: 9 grams
4. Fiber: 1 grams
5. SaturatedFat: 1.5 grams

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