

The Best Spaghetti and Meatballs There Ever Was

Yield: 6 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/spaghetti-with-italian-sausage-links-recipe>

Ingredients:

- 1 pound ground beef
- 1 egg
- 2 Italian sausage links removed from casing
- 1 cup cracker crumbs saltine, crush by hand
- 1 teaspoon salt
- 1/8 teaspoon black pepper
- 1 teaspoon Italian seasoning
- 1/2 small onion finely diced
- 1/2 small onion grated
- 1 large garlic clove grated
- 2 tablespoons Parmesan
- 1 cup red wine
- 1 green pepper sliced thin
- 6 ounces tomato paste cans
- 1 small onion sliced thin
- 4 cans water plus more if needed, tomato paste can
- 2 teaspoons Italian seasoning
- 1 teaspoon salt
- 2 teaspoons sugar
- 2 teaspoons garlic powder
- 1 pound spaghetti
- 1/4 cup olive oil

Nutrition:

1. Calories: 740 calories
2. Carbohydrate: 93 grams
3. Cholesterol: 90 milligrams

4. Fat: 24 grams
 5. Fiber: 5 grams
 6. Protein: 31 grams
 7. SaturatedFat: 6 grams
 8. Sodium: 1250 milligrams
 9. Sugar: 9 grams
 10. TransFat: 1 grams
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