

Classic Spaghetti Salad

Yield: 5 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/spaghetti-veggie-and-italian-dressing-recipe>

Ingredients:

- 1/2 pound spaghetti I use whole wheat
- 1 medium tomato chopped
- 1 cucumber medium, peeled and chopped
- 1 sweet onion small, chopped
- 1/2 green pepper chopped
- 6 baby carrots chopped
- 1 Italian dressing + cup, homemade or store bought
- 2 seasoning + tablespoons dried salad, such as McCormick's Salad Supreme

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 49 grams
3. Fat: 14 grams
4. Fiber: 3 grams
5. Protein: 8 grams
6. SaturatedFat: 2 grams
7. Sodium: 770 milligrams
8. Sugar: 11 grams

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