

# Million Dollar Spaghetti Casserole

Yield: 8 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/noodles-and-cottage-cheese-jewish-recipe>

## Ingredients:

- 16 ounces spaghetti
- 1 pound ground beef
- 1 pound Italian sausage
- 4 cloves garlic minced
- 1 medium onion diced, or ½ cup
- 48 ounces spaghetti sauce
- 1 cup cottage cheese
- 8 ounces cream cheese softened
- ¼ cup sour cream
- 3 cups shredded mozzarella cheese divided
- 8 tablespoons butter cut in half, 4 tablespoons in each half. Each 4 tablespoons cut into slices.
- chopped parsley for garnish, optional

## Nutrition:

1. Calories: 1050 calories
2. Carbohydrate: 72 grams
3. Cholesterol: 190 milligrams
4. Fat: 65 grams
5. Fiber: 7 grams
6. Protein: 44 grams
7. SaturatedFat: 31 grams
8. Sodium: 1690 milligrams
9. Sugar: 20 grams
10. TransFat: 0.5 grams

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