

# Instant Pot Spaghetti and Meatballs

Yield: 6 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/spaghetti-and-italian-sausage-meatballs-recipe>

## Ingredients:

- 1 1/2 tablespoons olive oil
- 3 cups beef stock
- 12 ounces spaghetti broken in half
- 24 ounces tomato basil pasta sauce
- 1/3 cup fresh basil leaves chopped
- 1/4 cup freshly grated Parmesan
- 1 pound lean ground beef
- 1/2 pound Italian sausage casing removed
- 1/2 cup panko
- 3 tablespoons whole milk
- 1 large egg lightly beaten
- 3/4 teaspoon Italian seasoning
- 2 cloves garlic minced
- kosher salt
- freshly ground black pepper

## Nutrition:

1. Calories: 630 calories
2. Carbohydrate: 61 grams
3. Cholesterol: 120 milligrams
4. Fat: 26 grams
5. Fiber: 5 grams
6. Protein: 36 grams
7. SaturatedFat: 8 grams
8. Sodium: 1240 milligrams
9. Sugar: 14 grams

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