

# Pumpkin Soya Milk Pudding

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/soya-milk-recipe-india>

## Ingredients:

- 5/8 cup pumpkin puree
- 4 1/4 cups soya milk unsweetened, store bought
- 1 5/8 cups soya milk unsweetened
- 3/4 cup sugar
- 2 1/2 teaspoons agar agar powder

## Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 52 grams
3. Fat: 6 grams
4. Fiber: 1 grams
5. Protein: 10 grams
6. Sodium: 240 milligrams
7. Sugar: 50 grams

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