

Warm Chicken Salad

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/soy-vay-chinese-chicken-salad-dressing-copycat-recipe>

Ingredients:

- 500 grams skinless chicken breast
- 1/3 cup soy Simply Stirred, Chilli and Lime Marinade
- 1/2 red cabbage
- 1/2 green cabbage
- 2 carrots – peeled
- 3 spring onions – thinly sliced
- 1/2 cup roasted cashews
- vietnamese mint
- dressing

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 80 milligrams
4. Fat: 17 grams
5. Fiber: 7 grams
6. Protein: 34 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 330 milligrams
9. Sugar: 7 grams

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