

Vegan Chorizo Crumbles

Yield: 12 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/soy-crumbles-recipe-indian>

Ingredients:

- 1 tablespoon vegetable oil
- 12 ounces soy crumbles boca, or textured vegetable protein
- 1/2 cup vegetable broth
- 1 1/2 teaspoons garlic powder
- 2 tablespoons nutritional yeast
- 2 tablespoons paprika
- 2 tablespoons red wine vinegar
- 1/2 teaspoon salt
- 1 teaspoon red chili powder
- 1/2 teaspoon cayenne pepper
- 1 teaspoon ground cumin
- 1/4 teaspoon black pepper
- 1/2 teaspoon liquid smoke flavoring

Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 4 grams
3. Fat: 2.5 grams
4. Fiber: 3 grams
5. Protein: 6 grams
6. Sodium: 260 milligrams
7. Sugar: 1 grams

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