

SOUTHERN ZUCCHINI HOECAKES

Yield: 11 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-zucchini-recipe>

Ingredients:

- 1 cup zucchini shredded or grated
- 1 cup buttermilk
- 1 teaspoon salt
- 1 cup self rising cornmeal
- 1 pinch cayenne Optional
- 3/4 cup oil I used Canola
- 1 teaspoon bacon drippings Optional
- 1 cup zucchini shredded or grated
- 1 cup buttermilk
- 1 teaspoon salt
- 1 cup self rising cornmeal
- 1 pinch cayenne Optional
- 3/4 cup oil I used Canola
- 1 teaspoon bacon drippings Optional

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 5 milligrams
4. Fat: 33 grams
5. Fiber: 2 grams
6. Protein: 4 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 810 milligrams
9. Sugar: 3 grams

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