

# Southern Wilted Lettuce

Yield: 6 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/real-southern-wilted-lettuce-recipe>

## Ingredients:

- 8 cups chopped romaine lettuce
- 6 slices thick cut bacon chopped
- 1 cup scallions chopped
- 3 tablespoons apple cider vinegar
- 1 tablespoon granulated sugar
- 1/4 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1 pinch cayenne

## Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 20 milligrams
4. Fat: 13 grams
5. Fiber: 2 grams
6. Protein: 4 grams
7. SaturatedFat: 4 grams
8. Sodium: 340 milligrams
9. Sugar: 3 grams

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