

Southern Sausage & Cornbread Balls

Yield: 30 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-white-cornbread-recipe-with-corn>

Ingredients:

- 1/2 lb maple sausage maple
- 1 cup cornbread mix
- 1 cup cheddar cheese
- 1/2 cup corn or 1 ear cooked corn, kernels cut off
- 1 green onion chopped
- 1 dash salt

Nutrition:

1. Calories: 40 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 10 milligrams
4. Fat: 3.5 grams
5. Protein: 2 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 80 milligrams

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