

Smoked Ham Soup with White Beans

Yield: 8 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-style-white-beans-recipe-ham-hock>

Ingredients:

- olive oil
- onion
- garlic
- low sodium chicken broth
- water
- parsley
- thyme
- bay leaf
- salt
- pepper
- canned white beans
- smoked ham
- canned diced tomatoes
- 1 tablespoon extra virgin olive oil
- 1 large yellow onion chopped
- 4 medium garlic cloves minced
- 6 cups low sodium chicken broth fat free
- 2 cups water
- 2 tablespoons chopped fresh parsley
- 1 teaspoon chopped fresh thyme
- 1/4 teaspoon salt
- 1/4 teaspoon freshly ground black pepper
- 29 ounces white beans drained and rinsed
- 2 whole bay leaves
- ham hock optional
- 2 cups smoked ham chopped
- 14 1/2 ounces petite diced tomatoes undrained