

Southern Sweet Cornbread

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-weet-cornbread-recipe>

Ingredients:

- 1 cup all purpose flour
- 1 cup cornmeal
- 1 cup sugar
- 2 teaspoons salt
- 1 tablespoon baking powder Use aluminum free
- 1 cup milk
- 2 tablespoons sour cream
- 8 tablespoons unsalted butter
- 2 tablespoons vegetable oil

Nutrition:

1. Calories: 750 calories
2. Carbohydrate: 102 grams
3. Cholesterol: 70 milligrams
4. Fat: 35 grams
5. Fiber: 4 grams
6. Protein: 10 grams
7. SaturatedFat: 17 grams
8. Sodium: 1630 milligrams
9. Sugar: 55 grams

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