

Southern Burger

Yield: 5 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-us-hamburger-recipe>

Ingredients:

- 2 pounds ground beef
- 1 tablespoon liquid smoke
- 2 teaspoons garlic powder
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 2 green tomatoes medium, sliced about 1/4 inch thick
- 1/2 cup all purpose flour
- 1 cup cornmeal
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 2 teaspoons garlic powder
- 1 egg
- 1 cup milk
- 2 teaspoons chicken Better Thank Bouillon, or Vegetable flavored
- vegetable oil for frying
- cheese Price*s Pimiento
- lettuce
- smoked bacon cooked until just crispy
- hamburger buns
- pickled okra optional

Nutrition:

1. Calories: 670 calories
2. Carbohydrate: 37 grams
3. Cholesterol: 180 milligrams
4. Fat: 37 grams
5. Fiber: 4 grams
6. Protein: 45 grams
7. SaturatedFat: 14 grams

8. Sodium: 930 milligrams
 9. Sugar: 6 grams
 10. TransFat: 2 grams
-

Thank you for visiting our website. Hope you enjoy Southern Burger above. You can see more 15 southern us hamburger recipe They're simply irresistible! to get more great cooking ideas.