

Southern Fresh Peach Iced Tea

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-iced-tea-recipe-paula-deen>

Ingredients:

- 3 fresh peaches large, diced into small slices or cubes
- 5 cups water divided, you'll also need more water to fill the pitcher
- 2 cups granulated sugar + more if more sweetness is desired
- 1 lemon optional
- 3 tea bags family-size, I normally use 3

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 115 grams
3. Fiber: 4 grams
4. Protein: 1 grams
5. Sodium: 15 milligrams
6. Sugar: 110 grams

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