

Tuna Salad

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/tuna-garden-casserole-recipes>

Ingredients:

- 2 cans tuna each 198 g, drained
- 2 stalks celery diced
- 1 cup chopped fresh cilantro finely
- 1 1/4 cups pickles dill cucumber, not sweet, diced
- 2 tablespoons lemon juice
- 1 tablespoon olive oil
- pepper

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 20 milligrams
4. Fat: 6 grams
5. Fiber: 1 grams
6. Protein: 12 grams
7. SaturatedFat: 1 grams
8. Sodium: 610 milligrams
9. Sugar: 1 grams

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