

Texas Trash | Spicy Chex Mix

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-trash-recipe-chex-mix>

Ingredients:

- 2 cups corn chex
- 2 cups Rice Chex
- 2 cups wheat chex
- 1 1/2 cups bagel chips
- 1 1/2 cups chips
- 1 1/2 cups pretzel sticks
- 1 cup unsalted butter cut into tablespoon-sized pieces
- 3 tablespoons Worcestershire sauce
- 1 tablespoon Creole seasoning Tony Chachere's Original
- 2 teaspoons seasoned salt
- 1 1/2 teaspoons garlic powder
- 1 tablespoon hot sauce optional for extra spicy mix

Nutrition:

1. Calories: 1230 calories
2. Carbohydrate: 118 grams
3. Cholesterol: 120 milligrams
4. Fat: 80 grams
5. Fiber: 9 grams
6. Protein: 18 grams
7. SaturatedFat: 36 grams
8. Sodium: 1270 milligrams
9. Sugar: 9 grams

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