

Thai Curry Soup

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-thai-yellow-curry-soup-recipe>

Ingredients:

- 2 ounces rice noodles pad thai noodles
- 1 tablespoon olive oil
- 1 clove garlic minced
- 1 1/2 tablespoons lemon grass minced
- 1 teaspoon ground ginger
- 2 teaspoons red curry paste
- 32 ounces chicken broth carton
- 2 tablespoons soy sauce
- 1 tablespoon white sugar
- 13 1/2 ounces reduced fat coconut milk
- 1/2 cup medium shrimp peeled and deveined
- 1/2 cup sliced mushrooms
- 10 ounces baby spinach leaves
- 2 tablespoons fresh lime juice
- 1/4 cup chopped cilantro
- 2 green onions thinly sliced

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 45 milligrams
4. Fat: 29 grams
5. Fiber: 3 grams
6. Protein: 13 grams
7. SaturatedFat: 21 grams
8. Sodium: 580 milligrams
9. Sugar: 7 grams

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