

Sweet Potato & Apple Casserole w/ Pecan Crunch Topping

Yield: 11 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-sweet-potato-apple-pie-recipe>

Ingredients:

- 5 1/2 sweet potatoes
- 2 1/2 tablespoons butter
- 3 1/2 apples either all granny smith or mixed with golden or other cooking apples OR may substitute with 1-2 large cans apple pie fill...
- 1/3 cup brown sugar
- 1/2 tablespoon cinnamon & pumpkin pie spice
- 3/4 cup brown sugar
- 3/4 cup flour
- 1 teaspoon cinnamon
- 1 teaspoon pumpkin pie spice
- 1/4 teaspoon grated nutmeg freshly
- 5 tablespoons butter
- 1/2 cup ginger snaps crushed, optional
- 2/3 cup pecans whole

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 20 milligrams
4. Fat: 14 grams
5. Fiber: 5 grams
6. Protein: 3 grams
7. SaturatedFat: 5 grams
8. Sodium: 95 milligrams
9. Sugar: 23 grams

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