

Southern Style Steamed Cabbage

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-style-steamed-cabbage-recipe>

Ingredients:

- 1 head cabbage rinsed
- 1 1/2 tablespoons canola oil
- 1 1/2 cups water
- 1 piece cooked ham 1-2 bacon strips or Ready to Serve Real Bacon Bits
- salt
- pepper

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 13 grams
3. Fat: 5 grams
4. Fiber: 5 grams
5. Protein: 3 grams
6. Sodium: 240 milligrams

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