

# Southern Style Skillet Cornbread

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-style-skillet-cornbread-recipe>

## Ingredients:

- 1 cup white cornmeal
- 1/2 cup buttermilk
- 1 egg
- 1/4 cup shortening or Coconut Oil

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 33 grams
3. Cholesterol: 55 milligrams
4. Fat: 15 grams
5. Fiber: 2 grams
6. Protein: 6 grams
7. SaturatedFat: 4 grams
8. Sodium: 45 milligrams
9. Sugar: 2 grams
10. TransFat: 1.5 grams

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