

Southern Beans

Yield: 5 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/summer-salsa-recipe-southern-living>

Ingredients:

- 2 slices bacon cut into 1/2 inch pieces
- 1/4 cup chopped bell pepper
- 1 chopped onion medium
- 1/2 cup salsa
- 16 ounces pinto beans

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 10 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 290 milligrams
9. Sugar: 2 grams

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