

Southern Cornbread Salad

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-pinto-beans-and-cornbread-recipe>

Ingredients:

- 1 ounce ranch Dry Salad Dressing Mix
- 1 1/2 cups Sour Cream
- 1 1/2 cups mayonnaise
- 1 cornbread 9-10 inch skillet, cooked and crumbled
- 16 ounces pinto beans drained
- 16 ounces whole kernel corn drained
- 2 medium tomatoes chopped
- 1 cup bell peppers any color, chopped
- 1 cup onion chopped
- 2 cups shredded cheddar cheese
- 16 ounces bacon cooked and crumbled

Nutrition:

1. Calories: 1850 calories
2. Carbohydrate: 120 grams
3. Cholesterol: 290 milligrams
4. Fat: 134 grams
5. Fiber: 7 grams
6. Protein: 46 grams
7. SaturatedFat: 48 grams
8. Sodium: 3180 milligrams
9. Sugar: 17 grams

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