

Southern Style Green Beans and Potatoes

Yield: 8 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-style-green-beans-and-potatoes-recipe>

Ingredients:

- 1 tablespoon olive oil
- 1 medium onion diced
- 2 cloves garlic minced
- 1 1/2 pounds green beans trimmed and snapped in half
- 1 cup chicken broth
- 1 ham hock or leftover ham bone
- water
- 1 pound new potatoes quartered
- 1 cup chopped ham additional, optional
- salt
- pepper

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 18 grams
3. Fat: 2 grams
4. Fiber: 4 grams
5. Protein: 4 grams
6. Sodium: 115 milligrams
7. Sugar: 4 grams

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