

# Southern Style Butter Beans

Yield: 4 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-southern-style-butter-beans>

## Ingredients:

- 1 pound butter beans
- salt pork or Fatback
- 1 medium onion chopped
- 2 cloves garlic minced
- 4 cups water
- 4 beef bouillon cubes or 4 tsp beef bouillon granules
- 1/2 teaspoon black pepper
- 1 teaspoon kosher salt

## Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 75 grams
3. Fat: 1.5 grams
4. Fiber: 22 grams
5. Protein: 25 grams
6. Sodium: 1240 milligrams
7. Sugar: 12 grams

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