

Grandma's Hamburger Soup

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-style-beef-and-vegetable-stew-recipe>

Ingredients:

- 2 pounds ground beef
- 46 ounces tomato juice
- 4 potatoes peeled, cubed
- 1 package veggies frozen mixed
- 1 can green beans drained, I do a small package of frozen green beans
- 3 carrots peeled and sliced
- 1 onion large, diced
- 3 celery stalks sliced
- 1 teaspoon marjoram
- salt
- pepper
- Parmesan cheese if desired for topping

Nutrition:

1. Calories: 780 calories
2. Carbohydrate: 64 grams
3. Cholesterol: 155 milligrams
4. Fat: 35 grams
5. Fiber: 10 grams
6. Protein: 55 grams
7. SaturatedFat: 14 grams
8. Sodium: 500 milligrams
9. Sugar: 22 grams
10. TransFat: 2.5 grams

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