

Southern-Style Baked Macaroni and Cheese

Yield: 10 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/best-southern-style-baked-macaroni-and-cheese-recipe>

Ingredients:

- 2 cups sharp cheddar cheese shredded
- 1 cup Parmigiano Reggiano shredded
- 1 cup fontina cheese shredded
- 1 cup Pecorino Romano cheese shredded
- 1/2 cup muenster cheese cut into small chunks
- 1 pound elbow macaroni
- 3 cups milk
- 1 cup heavy whipping cream
- 3 tablespoons flour
- 4 tablespoons butter
- pepper
- onion powder

Nutrition:

1. Calories: 650 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 130 milligrams
4. Fat: 38 grams
5. Fiber: 2 grams
6. Protein: 32 grams
7. SaturatedFat: 23 grams
8. Sodium: 820 milligrams
9. Sugar: 7 grams

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