

Southern Stewed Cabbage

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-stewed-cabbage-recipe>

Ingredients:

- 1/2 head green cabbage chopped
- 1/2 onion sliced
- 1/4 cup butter
- 2 cups chicken stock plus more if needed
- salt
- pepper

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 35 milligrams
4. Fat: 13 grams
5. Fiber: 3 grams
6. Protein: 5 grams
7. SaturatedFat: 7 grams
8. Sodium: 470 milligrams
9. Sugar: 3 grams

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