## RecipesCh@~se

## **Spinach Quiche**

Yield: 1 min Total Time: 85 min

Recipe from: https://www.recipeschoose.com/recipes/swiss-spinach-recipe

## **Ingredients:**

- 3 ounces cream cheese room temperature
- 1/3 cup half and half or milk
- 3 eggs
- 10 ounces frozen chopped spinach thawed and drained
- 1/2 cup grated cheddar gruyere works well, too
- 1/4 cup grated Parmesan
- 6 green onions thinly sliced, 1/2 cup finely diced red or white onion or shallots work as well
- 1/4 teaspoon salt
- 1/4 teaspoon pepper