

Southern Cooked Cabbage

Yield: 4 min
Total Time: 22 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-cooked-cabbage-recipe>

Ingredients:

- 2 tablespoons butter
- 4 strips bacon
- 1 medium onion
- 3 cloves garlic
- 2 cups chicken stock
- 1 head cabbage
- 3 potatoes fist sized white
- 1 teaspoon salt
- 1/2 teaspoon salt Tony Cacheres USE season-all, if Tony Chachere's is not available
- 1 teaspoon pepper
- apple cider vinegar splash of
- 1/2 teaspoon baking soda

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 40 milligrams
4. Fat: 20 grams
5. Fiber: 8 grams
6. Protein: 13 grams
7. SaturatedFat: 8 grams
8. Sodium: 1540 milligrams
9. Sugar: 5 grams

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