

Easy Cajun Jambalaya

Yield: 6 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-smoked-kielbasa-recipe>

Ingredients:

- 2 teaspoons olive oil
- 2 boneless skinless chicken breasts cut into bite-size pieces
- 8 ounces kielbasa diced
- 1 onion diced
- 1 green bell pepper diced
- 1/2 cup diced celery
- 2 tablespoons chopped garlic
- 1/4 teaspoon cayenne pepper
- 1/2 teaspoon onion powder
- salt and ground black pepper to taste
- 2 cups white rice uncooked
- 4 cups chicken stock
- 3 bay leaves
- 2 teaspoons worcestershire sauce
- 1 teaspoon hot pepper sauce

Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 62 grams
3. Cholesterol: 55 milligrams
4. Fat: 12 grams
5. Fiber: 2 grams
6. Protein: 23 grams
7. SaturatedFat: 3 grams
8. Sodium: 780 milligrams
9. Sugar: 5 grams

Thank you for visiting our website. Hope you enjoy Easy Cajun Jambalaya above. You can see more 19 southern smoked kielbasa recipe Experience flavor like never before! to get more great cooking ideas.