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Southern Skillet Fried Apples

Yield: 5 min Total Time: 25 min

Recipe from: https://www.recipeschoose.com/recipes/southern-skillet-fried-apples-recipe

Ingredients:

- 3 apples large, cored, and cut into eight to ten wedges
- 1/4 cup butter or bacon drippings, or a combination
- 1/4 cup light brown sugar well packed
- 1/4 teaspoon cinnamon
- 1/4 teaspoon allspice
- 1/4 teaspoon ground ginger

Nutrition:

Calories: 180 calories
Carbohydrate: 26 grams
Cholesterol: 25 milligrams

4. Fat: 9 grams5. Fiber: 2 grams

6. SaturatedFat: 6 grams7. Sodium: 70 milligrams

8. Sugar: 22 grams

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