

# Salmon Cakes III

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-salmon-fish-cakes-recipe>

## Ingredients:

- 14 3/4 ounces salmon undrained and flaked
- 1 slice bread shredded
- 1 onion small, grated
- 1 tablespoon all-purpose flour
- 1 egg
- salt
- pepper
- 1 cup vegetable oil for frying

## Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 105 milligrams
4. Fat: 59 grams
5. Fiber: 1 grams
6. Protein: 24 grams
7. SaturatedFat: 5 grams
8. Sodium: 330 milligrams
9. Sugar: 2 grams
10. TransFat: 1.5 grams

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