

# Slow Cooker Shredded Beef

Yield: 7 min  
Total Time: 245 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-roast-beef-recipe-slow-cooker>

## Ingredients:

- 4 pounds roast beef boneless, chuck or round roast
- 1 cup beef broth
- 2 tablespoons worcestershire sauce
- 1 tablespoon montreal steak seasoning

## Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 135 milligrams
4. Fat: 8 grams
5. Protein: 58 grams
6. SaturatedFat: 3 grams
7. Sodium: 2630 milligrams

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