

Pork Carnitas

Yield: 16 min
Total Time: 165 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-pork-butt-recipe>

Ingredients:

- 4 pounds pork butt boneless, fat trimmed and cut into 2 inch cubes
- 1 1/2 teaspoons salt
- 3/4 teaspoon pepper
- 1 teaspoon ground cumin
- 1 onions peeled and halved
- 2 bay leaves
- 1 teaspoon dried oregano
- 2 tablespoons fresh lime juice
- 2 cups water
- 1 orange medium, juiced and keep the spent halves

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 70 milligrams
4. Fat: 13 grams
5. Fiber: 1 grams
6. Protein: 20 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 400 milligrams

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