

# Southern Style Pimento Cheese Burger with Pickled Okra

Yield: 4 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-pimento-cheese-recipe-paula-deen>

## Ingredients:

- 1 tablespoon mayo
- 5 dashes Franks Hot Sauce
- 1/8 teaspoon yellow mustard
- 1/4 tablespoon onion grated
- 1 pinch salt
- 1 pinch sugar
- 1 pinch garlic powder
- 1/2 tablespoon pimentos chopped
- 1 tablespoon cheddar
- 1/3 pound grass fed beef
- 1/8 teaspoon salt
- oil spray
- 1 salted butter
- 1 hamburger bun
- 1/2 tablespoon mayo dukes
- 2 tablespoons pimento cheese
- 1 tablespoon pickled okra chopped
- 2 slices beefsteak tomato

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 35 milligrams
4. Fat: 10 grams
5. Protein: 10 grams
6. SaturatedFat: 4 grams
7. Sodium: 360 milligrams

8. Sugar: 2 grams

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