

DUTCH PEA SOUP

Yield: 4 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-pig-brain-soup-recipe>

Ingredients:

- 1 pound green peas whole dried, soaked
- 6 pieces pig fresh, pork hock or 2 large whole fresh pig
- pork hocks
- 3 quarts water
- 6 ribs large, celery with leaves, chopped
- 3 onions medium, chopped
- 3 tablespoons fresh parsley chopped, optional
- 2 large potatoes sliced
- salt to taste

Nutrition:

1. Calories: 1340 calories
2. Carbohydrate: 55 grams
3. Cholesterol: 305 milligrams
4. Fat: 71 grams
5. Fiber: 11 grams
6. Protein: 112 grams
7. SaturatedFat: 26 grams
8. Sodium: 460 milligrams
9. Sugar: 12 grams

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