

Southern Style Crispy Onion Rings

Yield: 4 min
Total Time: 13 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-onion-rings-recipe>

Ingredients:

- 2 whole vidalia large sweet onions, if available
- 2 cups buttermilk
- 2 cups flour all-purpose
- 1 tablespoon kosher salt
- 1/2 teaspoon ground red pepper
- 2 cups peanut oil or other vegetable oil

Nutrition:

1. Calories: 1250 calories
2. Carbohydrate: 54 grams
3. Cholesterol: 10 milligrams
4. Fat: 111 grams
5. Fiber: 2 grams
6. Protein: 11 grams
7. SaturatedFat: 20 grams
8. Sodium: 1900 milligrams
9. Sugar: 6 grams

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