

# Great Northern Bean Soup

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-northern-bean-recipe>

## Ingredients:

- 2 cans great northern beans 15.5oz each, drained and rinsed well, divided
- 2 medium carrots peeled and sliced into rounds
- 2 stalks celery diced
- 1 onion medium, diced
- 2 cloves garlic minced
- 2 tablespoons olive oil
- 2 1/2 cups vegetable broth
- 1/4 teaspoon sea salt
- 1/2 teaspoon freshly ground black pepper
- 1 sprig fresh rosemary
- 1 bay leaf large

## Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 52 grams
3. Fat: 7 grams
4. Fiber: 17 grams
5. Protein: 18 grams
6. SaturatedFat: 1 grams
7. Sodium: 770 milligrams
8. Sugar: 4 grams

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