

Cheeseburger Macaroni Soup

Yield: 6 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-mom-homemade-hamburger-helper-recipe-cheeseburger-macaroni>

Ingredients:

- 1 pound ground beef
- 1 package Hamburger Helper ® mix for Cheeseburger Macaroni
- 1 medium onion diced
- 14 1/2 ounces diced tomatoes undrained
- 5 cups water
- 10 ounces frozen mixed vegetables thawed
- 1/2 teaspoon dried basil
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 50 milligrams
4. Fat: 12 grams
5. Fiber: 3 grams
6. Protein: 17 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 280 milligrams
9. Sugar: 3 grams
10. TransFat: 1 grams

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