

Classic Southern Mac and Cheese

Yield: 11 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/top-rated-southern-mac-and-cheese-recipe>

Ingredients:

- 16 ounces elbow macaroni
- 1/2 cup unsalted butter
- 1/2 cup minced onion
- 1/2 cup all purpose flour
- 3 1/2 cups whole milk
- 1 cup chicken broth
- 4 1/2 cups sharp white cheddar cheese shredded, divided
- 2 1/2 cups shredded gouda cheese divided
- 8 slices bacon cooked crisp and crumbled
- 2 tablespoons whole grain mustard
- 2 tablespoons fresh parsley chopped, plus more for garnish
- 1 teaspoon kosher salt
- 1/2 teaspoon ground black pepper
- 1/4 teaspoon cayenne pepper
- 1/4 teaspoon nutmeg
- 1/2 cup panko breadcrumbs

Nutrition:

1. Calories: 770 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 150 milligrams
4. Fat: 50 grams
5. Fiber: 2 grams
6. Protein: 36 grams
7. SaturatedFat: 29 grams
8. Sodium: 1170 milligrams
9. Sugar: 7 grams

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