

Creamy Spinach and Mushroom White Lasagna

Yield: 12 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-white-lasagna-sausage-recipe>

Ingredients:

- 9 lasagna noodles
- 15 ounces whole milk ricotta
- 20 ounces Buitoni Alfredo Sauce
- 3 cups shredded mozzarella cheese divided
- 3/4 cup Parmesan cheese divided
- 20 ounces frozen chopped spinach thawed and drained
- 1 pound Italian sausage
- 1 pound cremini mushrooms
- 1 onion diced
- 3 cloves garlic
- 1/4 teaspoon Italian seasoning
- 1/2 teaspoon dried oregano
- 1 teaspoon dried basil
- fresh parsley to taste
- salt
- pepper
- 1/4 cup unsalted butter
- 1 onion diced
- 3 garlic cloves
- 1/4 cup all purpose flour
- 3 cups milk at room temperature
- 1 teaspoon dried basil
- 1/2 teaspoon dried oregano
- 1/4 teaspoon Italian seasoning
- 1/8 teaspoon nutmeg
- salt
- pepper

Nutrition:

1. Calories: 680 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 115 milligrams
4. Fat: 47 grams
5. Fiber: 4 grams
6. Protein: 31 grams
7. SaturatedFat: 21 grams
8. Sodium: 2020 milligrams
9. Sugar: 8 grams

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