

# Mojito Melon Salsa

Yield: 2 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-watermelon-mojito-recipe>

## Ingredients:

- 1 cup watermelon chopped
- 1 cup cantaloupe chopped
- 1 cup honeydew chopped
- 1/2 cucumber large, seeded and chopped
- 1/4 red onion chopped
- 1/2 avocado chopped
- 12 mint leaves chopped
- 2 tablespoons chopped cilantro
- 2 limes juiced
- 1/2 teaspoon sea salt
- 1/4 teaspoon black pepper

## Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 33 grams
3. Fat: 6 grams
4. Fiber: 8 grams
5. Protein: 4 grams
6. SaturatedFat: 1 grams
7. Sodium: 500 milligrams
8. Sugar: 18 grams

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